

Updated as of June 2023



JDC Entwine Insider Trip COVID-19 Protocol





JDC Entwine has developed a detailed COVID-19 protocol to ensure the safety and health of participants, community members and staff during our Insider Trip experiences. Participants and staff will be required to take rapid antigen tests during the course of an Insider Trip, in addition to other requirements, in an effort to keep you, other participants, and the local communities as safe as possible. All participants and staff will be required to abide by these requirements without exception.

This document was prepared in an effort to be transparent about JDC Entwine’s preventative COVID-related policies and our protocol in case of a positive case.

Pre-Trip

Participants can expect clear and consistent communication regarding Entwine’s COVID-19 protocol and policies on Entwine’s website and in Insider Trip marketing and pre-departure materials throughout the application process, pre-trip preparation and during the program.

Vaccines

- All participants will be required to submit proof of complete vaccination upon confirmation of participation (according to [CDC definition](#), as of January 1, 2023 you are up to date with your COVID-19 vaccines when you have completed a COVID-19 vaccine primary series and got the most recent booster dose recommended for you by CDC)

Testing

- All participants will be required to submit a negative PCR test within 3 days of trip start time (i.e., if the trip starts at 9 am on June 21, you should test no earlier than 9 am on June 18).
 - Test results should be submitted by email to Entwine; Entwine program staff will track all negative test results in order to approve participation.
 - We encourage all participants to take a PCR test if at all possible, but if you are truly unable to get a PCR test ahead of the trip because of accessibility (cost, locating a testing site, etc.), we ask that you take a series of antigen tests 3 days (72 hours) before trip start time and the day before the trip.
 - **If a participant is not able to present a negative PCR test, you must present a certificate of recovery provided by a licensed physician to participate, and a negative antigen test conducted at a medical office/clinic; if this is not possible, an at-home antigen test will be accepted.**
 - The cost of pre-departure PCR or antigen testing (for those with a certificate of recovery) is the responsibility of each participant.
 - If testing within 3 days of trip start time is not possible because of the length of your travel itinerary, you may take a PCR test within 4 days of trip start time.

Travel Insurance

- All participants are required to secure comprehensive travel insurance that will cover the cost of COVID-19-related travel extensions or cancellations if you test positive and have related expenses (hotel stay, food during quarantine, flight change fees, cancellation, etc.) or are unable to participate. It is recommended that this insurance cover up to the full cost of the trip, or



\$4,500 USD. Please note that this insurance is separate from the medical and emergency evacuation insurance that is included in the participation fee.

- While we provide robust health insurance through CIGNA for all trip participants, CIGNA will only reimburse for the cost of medical care/doctor visits like any other illness up to \$500. CIGNA and ISOS do not cover the cost of hotel stays, flight change fees or food if one needs to quarantine.

During Trip

- After arriving in-country and before the first meeting, participants must take a self-administered antigen test and present a negative result by WhatsApp message to group leader in order to participate. This test will be provided by Entwine upon check in to the hotel.
- In addition, an antigen test may be given to participants on certain days of the trip as determined by JDC staff. Participants must present a negative test result by WhatsApp message to the group leader in order to participate. These tests will be provided by Entwine as needed.
- If a participant doesn't feel well, they MUST let a group leader know immediately so that the participant can be tested.
- If a participant or staff person begins experiencing symptoms of COVID or another viral illness:
 - The person will be isolated in their room.
 - A rapid antigen will be administered to determine if it is COVID.
 - Food, water and a care package will be delivered to the room.

Positive Case Protocol

- A positive case may have health and cost implications for fellow group members and may mean we have to change the itinerary; we are participating in a group experience and our actions have an impact on the rest of the members of the group -- we ask that participants be mindful of this throughout the trip.
- If a test is positive, Entwine follows CDC guidelines for isolation, which recommend a 5-day isolation period after a positive test.
 - **When you have COVID-19, isolation is counted in days, as follows:**

If you had no symptoms	If you had symptoms
Day 0 is the day you were tested (not the day you received your positive test result)	Day 0 of isolation is the day of symptom onset, regardless of when you tested positive
Day 1 is the first full day following the day you were tested	Day 1 is the first full day after the day your symptoms started
If you develop symptoms within 10 days of when you were tested, the clock restarts at day 0 on the day of symptom onset	

○ **Ending Isolation:**

If you had no symptoms, you may end isolation after day 5	
If you had symptoms and....	
Your symptoms are improving. You may end isolation after day 5 if: <ul style="list-style-type: none"> You are fever-free for 24 hours (without the use of fever-reducing medication) 	Your symptoms are not improving. Continue to isolate until: <ul style="list-style-type: none"> You are fever-free for 24-hours (without the use of fever-reducing medication) Your symptoms are improved

- Entwine will notify the group and will seek consent to notify of the participant’s identity.
- If the positive participant is in a shared hotel room, their roommate will be moved to their own room for the duration of the trip, at the expense of Entwine.
- Any local community members/sites visited will be notified.
- Masks will be distributed and will be optional to wear for the remainder of the trip.
- The bus will be sanitized before use by the group again.
- Group leaders will consider ways in which isolating participants can continue to participate in the program and engage with trip content.
- If the group is traveling to a different city, Entwine will make arrangements for separate transportation for the sick participant(s) or to stay in the same hotel if they do not feel well enough to travel; in the latter case, a local staff person or Entwine group leader may stay with the participant.

Post-Trip

- If a participant or staff person tests positive at the end of the trip and must stay in country, Entwine will:
 - Help the participant secure lodging and arrangements for food delivery while in quarantine.
 - Ensure the participant understands local quarantine rules.
 - Ensure the participant has a local point of contact for any needs during their quarantine.
 - Provide a list of important phone numbers and a care package.
 - Notify the group and will seek consent to notify of the participant’s identity.
 - Check in daily with the participant.
- If a participant tests positive upon returning home, Entwine will:
 - Notify the group and will seek consent to notify of the participant’s identity.
 - Notify the field staff who will notify any community members the group encountered.
 - Check in daily with the participant and provide a care package while they are in quarantine.